

INTERNATIONAL POWERLIFTING FEDERATION

World Women's Open, Sub-Junior, Junior & Masters Equipped Bench Press Championships, Sun City (South Africa), 20-27.05.2023

SCORESHEET

Rnk	Lifters	d.o.b.	Team	BWT	IPF GL Cf.	Lot	1 Att.	2 Att.	3 Att.	Result	IPF GL	Pts
Open												
-47kg												
1.	Motrunchyk Oksana	1992	UKR	46,85	0,7596	1	90,0	100,0	100,0	100,0	75,96	12
-52kg												
1.	Kikuchi Miyabi	1998	JPN	51,10	0,7031	4	107,5	115,0	132,5	115,0	80,86	12
2.	Sandvik Marcela	1974	FIN	51,70	0,6963	3	90,0	102,5	117,5	102,5	71,37	9
3.	Dissanayake Amila	1988	GBR	51,00	0,7043	2	100,0	105,0	110,0	100,0	70,43	8
-57kg												
1.	Kula Zuzanna	1999	POL	55,20	0,6611	6	150,0	155,0	157,5	155,0	102,47	12
2.	Akagawa Tomoko	1984	JPN	56,50	0,6498	5	135,0	142,5	157,5	142,5	92,59	9
3.	Vedmid Oksana	1991	UKR	54,35	0,6690	8	140,0	150,0	155,0	140,0	93,66	8
4.	Ishibashi Akane	1993	JPN	55,60	0,6575	7	80,0	135,0	157,5	80,0	52,60	7
-63kg												
1.	Rames Maj	1989	DEN	62,45	0,6068	12	150,0	155,0	160,0	160,0	97,09	12
2.	Frank Maria	1984	CAN	57,10	0,6448	10	125,0	127,5	132,5	127,5	82,21	9
3.	Karjalainen Maria	1990	FIN	57,55	0,6412	11	122,5	127,5	132,5	127,5	81,75	8
4.	Buturlym Hanna	1997	UKR	57,70	0,6400	13	115,0	125,0	132,5	125,0	80,00	7
5.	Ito Yumiko	1976	JPN	62,20	0,6084	9	40,0	100,0	105,0	105,0	63,88	6
-69kg												
1.	Hansen Ingvid	1994	NOR	67,55	0,5790	23	152,5	160,0	170,0	160,0	92,63	12
2.	Salamatou Boubou	1991	CMR	66,50	0,5842	24	100,0	120,0	125,0	125,0	73,02	9
3.	Leighton Megan	1996	RSA	64,40	0,5954	25	112,5	120,0	125,0	120,0	71,44	8
-76kg												
1.	Mizoguchi Kumi	1988	JPN	75,65	0,5461	28	162,5	165,0	170,0	170,0	92,84	12
2.	Pretzmann Annemia	1992	DEN	75,25	0,5475	27	157,5	162,5	167,5	167,5	91,70	9
3.	Wik Frida	1991	SWE	75,45	0,5468	29	150,0	160,0	167,5	167,5	91,58	8
4.	Kristensen Linda	1977	NOR	75,65	0,5461	26	160,0	160,0	167,5	167,5	91,47	7
-84kg												
1.	Timmers Ankie	1986	NED	82,50	0,5258	17	177,5	185,0	192,5	192,5	101,22	12
2.	Lawniczak Daria	1995	POL	76,06	0,5447	18	145,0	152,5	152,5	152,5	83,07	9
3.	Steedman Rachel	1995	GBR	76,55	0,5431	16	127,5	135,0	147,5	135,0	73,32	8
4.	Perotti Olivia	1989	RSA	83,15	0,5242	15	117,5	122,5	137,5	117,5	61,59	7
84+kg												
1.	Hugdall Hildeborg	1983	NOR	122,60	0,4715	20	217,5	227,5	235,5	217,5	102,56	12
2.	Rees Christi	1986	RSA	108,40	0,4830	21	175,0	182,5	190,0	182,5	88,15	9
3.	Kolata Karolina	1999	POL	102,80	0,4893	22	160,0	175,0	182,5	160,0	78,28	8

Team (points)

1.	Japan	46	[12+12+9+7+6]	382,77	IPF GL
2.	Norway	31	[12+12+7]	286,66	IPF GL
3.	Poland	29	[12+9+8]	263,83	IPF GL
4.	Ukraine	27	[12+8+7]	249,62	IPF GL
5.	South Africa	24	[9+8+7]	221,19	IPF GL
6.	Denmark	21	[12+9]	188,79	IPF GL
7.	Finland	17	[9+8]	153,12	IPF GL
8.	Great Britain	16	[8+8]	143,74	IPF GL
9.	Netherlands	12	[12]	101,22	IPF GL
10.	Canada	9	[9]	82,21	IPF GL
11.	Cameroon	9	[9]	73,02	IPF GL
12.	Sweden	8	[8]	91,58	IPF GL

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Hugdall Hildeborg	Norway	122.60	217,5	102,5582	1
2.	Kula Zuzanna	Poland	55.20	155,0	102,4739	1
3.	Timmers Ankie	Netherlands	82.50	192,5	101,2238	1

Sub-Juniors

-57kg												
1.	Janaszek Martyna	2005	POL	54,45	0,6681	1	57,5	75,0	82,5	82,5	55,12	12
-63kg												
1.	Ganbaatar Sumiyasuren	2005	MGL	62,55	0,6062	2	50,0	70,0	77,5	77,5	46,98	12
-69kg												
1.	Haapamaki Milla	2006	FIN	67,55	0,5790	8	95,0	102,5	110,0	110,0	63,69	12
-76kg												
1.	Maree Anika	2006	RSA	74,10	0,5515	11	65,0	70,0	75,0	70,0	38,61	12
84+kg												
1.	Brincat-Smith Ella	2005	GBR	96,60	0,4977	4	82,5	82,5	87,5	87,5	43,55	12

Team (points)

1. Finland	12	[12]	63,69	IPF GL
2. Poland	12	[12]	55,12	IPF GL
3. Mongolia	12	[12]	46,98	IPF GL
4. Great Britain	12	[12]	43,55	IPF GL
5. South Africa	12	[12]	38,61	IPF GL

Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Haapamaki Milla	Finland	67.55	110,0	63,6850	1
2.	Janaszek Martyna	Poland	54.45	82,5	55,1153	1
3.	Ganbaatar Sumiyasuren	Mongolia	62.55	77,5	46,9815	1

Juniors**-69kg**

1.	Forslund Linnea	2002	SWE	64,55	0,5945	6	115,0	115,0	125,0	125,0	74,32	12
2.	Westerberg Hilma	2004	SWE	63,75	0,5991	7	115,0	115,0	125,0	115,0	68,89	9
3.	Subharti Mahato	2000	IND	68,15	0,5761	5	85,0	95,0	107,5	95,0	54,73	8

-76kg

1.	Sakaguchi Airi	2003	JPN	74,30	0,5508	10	145,0	152,5	155,0	155,0	85,37	12
2.	Rudin Agnes	2000	SWE	75,75	0,5458	9	145,0	152,5	155,0	155,0	84,59	9

Team (points)

1. Sweden	30	[12+9+9]	227,80	IPF GL
2. Japan	12	[12]	85,37	IPF GL
3. India	8	[8]	54,73	IPF GL

Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Sakaguchi Airi	Japan	74.30	155,0	85,3740	1
2.	Rudin Agnes	Sweden	75.75	155,0	84,5917	2
3.	Forslund Linnea	Sweden	64.55	125,0	74,3151	1

Masters 1**-52kg**

1.	Nishikawa Akiko	1976	JPN	51,70	0,6963	1	55,0	95,0	105,0	95,0	66,15	12
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-57kg

1.	Reyes Jessica	1983	MEX	54,55	0,6671	2	102,5	110,0	110,0	110,0	73,38	12
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-63kg

1.	Meunier Melisa	1975	FRA	61,00	0,6161	3	67,5	77,5	82,5	77,5	47,75	12
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-69kg

1.	Suzan Amy	1976	ISV	67,10	0,5812	8	92,5	97,5	102,5	97,5	56,66	12
2.	Suzuki Hideko	1974	JPN	66,55	0,5839	9	75,0	80,0	97,5	80,0	46,71	9
3.	Chatterjee Sima Dutt	1977	IND	68,85	0,5729	11	67,5	75,0	82,5	75,0	42,96	8
4.	Ishii Kyoko	1976	JPN	67,35	0,5799	10	60,0	67,5	75,0	60,0	34,80	7

-76kg

1.	Costa Zolyome Iolanda	1977	BRA	74,80	0,5490	13	130,0	135,0	137,5	137,5	75,49	12
2.	Jakobsson Sandra	1981	SWE	72,90	0,5560	12	120,0	130,0	135,0	135,0	75,06	9
3.	Leppaaho Tiina	1983	FIN	74,75	0,5492	14	90,0	95,0	95,0	95,0	52,17	8

-84kg

1.	Hoglund Petra	1975	SWE	76,85	0,5421	6	130,0	135,0	140,0	130,0	70,48	12
2.	Hodder Pamela	1981	CAN	79,90	0,5329	4	117,5	117,5	122,5	122,5	65,28	9
3.	Kiran Tyagi	1980	IND	78,85	0,5359	5	67,5	70,0	77,5	77,5	41,53	8

84+kg

1.	Rees Jacqui	1980	RSA	88,65	0,5118	7	112,5	117,5	120,0	120,0	61,41	12
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Team (points)

1. Japan	28	[12+9+7]	147,66	IPF GL
2. Sweden	21	[12+9]	145,53	IPF GL
3. India	16	[8+8]	84,50	IPF GL
4. Brazil	12	[12]	75,49	IPF GL
5. Mexico	12	[12]	73,38	IPF GL
6. South Africa	12	[12]	61,41	IPF GL
7. US Virgin Islands	12	[12]	56,66	IPF GL
8. France	12	[12]	47,75	IPF GL
9. Canada	9	[9]	65,28	IPF GL
10. Finland	8	[8]	52,17	IPF GL

Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Costa Zolyome Iolanda	Brazil	74.80	137,5	75,4909	1
2.	Jakobsson Sandra	Sweden	72.90	135,0	75,0568	2
3.	Reyes Jessica	Mexico	54.55	110,0	73,3833	1

Masters 2**-47kg**

1.	Barry Elisabeth	1973	RSA	46,80	0,7604	1	42,5	45,0	47,5	47,5	36,12	12
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-52kg												
1.	Verlaine Geraldine	1970	FRA	51,25	0,7014	4	75,0	80,0	80,0	75,0	52,60	12
2.	Yau-Vandenburg Angel	1972	CAN	48,05	0,7420	6	62,5	65,0	75,0	62,5	46,38	9
3.	Anthony Carol	1966	RSA	51,55	0,6980	5	47,5	52,5	55,0	55,0	38,39	8
-57kg												
1.	Cabos Marie	1967	FRA	55,40	0,6593	9	90,0	95,0	100,0	100,0	65,93	12
2.	Traasdahl Anita	1969	NOR	55,55	0,6580	8	92,5	92,5	100,0	92,5	60,86	9
3.	Ando Hisako	1965	JPN	55,75	0,6562	10	55,0	60,0	72,5	60,0	39,37	8
-63kg												
1.	Izindre Annelie	1972	SWE	61,75	0,6112	12	95,0	105,0	107,5	107,5	65,71	12
2.	Oksanen Sanna	1971	FIN	62,15	0,6087	13	80,0	105,0	110,0	80,0	48,70	9
-69kg												
1.	Gordon Maureen	1964	GBR	67,10	0,5812	20	102,5	107,5	112,5	112,5	65,38	12
2.	Leccese Florence	1969	FRA	65,65	0,5886	22	87,5	92,5	92,5	92,5	54,44	9
3.	Skogman Seija	1965	FIN	67,80	0,5778	19	90,0	90,0	90,0	90,0	52,00	8
4.	Nagata Claudia	1968	USA	66,25	0,5854	21	70,0	80,0	90,0	70,0	40,98	7
-76kg												
1.	Voho Tiina	1973	FIN	75,55	0,5464	26	140,5	140,5	150,0-wb2,	150,0	81,96	12
2.	Tokutake Megumi	1964	JPN	73,70	0,5530	25	110,0	138,5	141,0	110,0	60,83	9
-84kg												
1.	Herland Eirin	1969	NOR	83,10	0,5243	14	95,0	95,0	95,0	95,0	49,81	12
84+kg												
1.	Laird Joanne	1972	GBR	129,15	0,4678	16	120,0	125,0	135,0	135,0	63,15	12
2.	Gransard Nathalie	1964	FRA	97,45	0,4965	15	110,0	117,5	117,5	110,0	54,61	9

Team (points)

1.	France	42	[12+12+9+9]	227,59	IPF GL
2.	Finland	29	[12+9+8]	182,66	IPF GL
3.	Great Britain	24	[12+12]	128,53	IPF GL
4.	Norway	21	[12+9]	110,67	IPF GL
5.	South Africa	20	[12+8]	74,51	IPF GL
6.	Japan	17	[9+8]	100,20	IPF GL
7.	Sweden	12	[12]	65,71	IPF GL
8.	Canada	9	[9]	46,38	IPF GL
9.	U.S.America	7	[7]	40,98	IPF GL

Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Voho Tiina	Finland	75.55	150,0	81,9647	1
2.	Cabos Marie	France	55.40	100,0	65,9321	1
3.	Izindre Annelie	Sweden	61.75	107,5	65,7064	1

Masters 3

-52kg												
1.	Roche Martine	1956	FRA	51,65	0,6968	3	67,5	72,5	75,0	72,5	50,52	12
-63kg												
1.	Perez Socorro	1959	MEX	60,60	0,6188	11	85,0	90,0	95,0	95,0	58,78	12
-69kg												
1.	Maciejewski Patricia	1961	FRA	68,35	0,5752	17	85,0	90,0	92,5	90,0	51,76	12
2.	Herbin Evelyne	1956	FRA	65,05	0,5918	18	70,0	75,0	80,0	75,0	44,38	9
-76kg												
1.	Wheeler Janine	1960	CAN	74,50	0,5501	24	65,0	70,0	80,0	80,0	44,01	12

Team (points)

1.	France	33	[12+12+9]	146,67	IPF GL
2.	Mexico	12	[12]	58,78	IPF GL
3.	Canada	12	[12]	44,01	IPF GL

Best Lifters of Masters 3 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Perez Socorro	Mexico	60.60	95,0	58,7846	1
2.	Maciejewski Patricia	France	68.35	90,0	51,7643	1
3.	Roche Martine	France	51.65	72,5	50,5214	1

Masters 4

-52kg												
1.	McGauley Judith	1948	GBR	49,10	0,7277	2	32,5	37,5	40,0	40,0	29,11	12
-57kg												
1.	Heligon Françoise	1943	FRA	53,20	0,6803	7	45,0	47,5	47,5	47,5	32,32	12
-76kg												
1.	Sawa Chiyomi	1949	JPN	75,60	0,5463	23	60,0	95,0	100,0	100,0	54,63	12

Team (points)

1.	Japan	12	[12]	54,63	IPF GL
2.	France	12	[12]	32,32	IPF GL
3.	Great Britain	12	[12]	29,11	IPF GL

Best Lifters of Masters 4 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Sawa Chiyomi	Japan	75.60	100,0	54,6261	1
2.	Heligon Francoise	France	53.20	47,5	32,3154	1
3.	McGauley Judith	Great Britain	49.10	40,0	29,1094	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record; 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

BRA = Brazil
CAN = Canada
CMR = Cameroon
DEN = Denmark
FIN = Finland
FRA = France
GBR = Great Britain

IND = India
ISV = US Virgin Islands
JPN = Japan
MEX = Mexico
MGL = Mongolia
NED = Netherlands
NOR = Norway

POL = Poland
RSA = South Africa
SWE = Sweden
UKR = Ukraine
USA = U.S.America